

Annual Report to the Community 2014

Working Together to Provide Services that Help People Maintain Their Independence



ADRC

Whether you are an older adult looking for help navigating the Medicare application process or a family caregiver searching for resources for mom and dad, the Aging and Disability Resource Center (ADRC) is your **one-stop shop** for the information you need. The ADRC provides information about home care, legal assistance, nursing facility placement, utility assistance, insurance, and houses a resource library. In response to the implementation of the new Health Insurance Marketplace in 2014, two of the ADRC staff became Certified Applications Counselors so they can better assist consumers in making their health coverage decisions. Please call 812-432-6200 or 877-234-3641 for more information.

Options Counseling and Case Management

Admitting that you need help with your daily living activities can be hard. At the same time, a family caregiver who has a full-time job can only do so much to help a loved one before it starts to cause undue stress in their own lives. Options Counseling and Case Management services are available to assess the needs of both older adults and their caregivers. Case Management helped 580 area caregivers find assistance for their family members in FY2014. Individualized action plans are set in motion to make sure the caregiver is not overburdened, while providing the services the older adult needs to remain independent. Please visit http://



<u>www.lifetime-resources.org/makingadifference.html</u> to read case studies illustrating how these individualized, person centered, action plans help area residents. In order to keep up with changes in our field, our Options Counselors and Case Managers continue their education by regularly attending workshops, meetings, and conferences to better serve our clients.



Nutrition

Nutrition is essential for both good health and independence. At *Life*Time, we strive to give individuals as many choices as we can to meet their nutritional needs. In FY2014, we gave our Meals on Wheels customers the ability to choose from three different vendors to deliver frozen or refrigerated fresh–lock meals to their homes. Additionally, we teamed with local nursing facilities to provide fresh hot meals for the majority of our Senior Nutrition Activity Centers (SNACs) where older adults gather for food, fun and fellowship. A variety of wellness checks are also offered at the SNACs. We hope to have locally made meals for all SNACs soon.

Sentry Services

After "Amelia's" husband died, she needed some help getting her finances in order. Sentry Services was appointed as her Representative Payee so they could pay her bills and manage her finances. A while later, it was evident Amelia needed help making safe life decisions and Sentry Services was appointed as her Guardian. Sentry Services worked with Amelia to help her find not only a safe and suitable place to live, but also employment to help her stay busy. Amelia is now living in a supervised apartment with a housemate and works at a local sheltered workshop. Sentry Services currently represents 61 older adults and persons with disabilities who have no one else to help manage their care and/or their finances.

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Catch-A-Ride (CAR)

Catch-A-Ride's goal for 2014 was to increase efficiency and decrease operational costs. Changes included:

- Utilizing mobile data transmitters (MDTs) which allow automated communication between dispatch and drivers
- Discontinuing fees for both "same day" trips and cross-county travel
- Introducing a fare structure based on miles travelled
- Discontinuing service in Jennings County due to a lack of funding from the community
- Removing an underutilized stop in Madison and restructuring the stop schedule





Utilizing more efficient scheduling techniques in order to decrease the number of denied trips

For over 40 years, we have been serving residents of Dearborn, Jefferson, Ohio, Ripley, and Switzerland counties. Our programs are designed to meet the growing needs of the people in our community. All services provided by LifeTime Resources are provided without regard to race, age, color, religion, sex, disability, national origin or ancestry and are available to individuals of all incomes.

Yes, I want to help!

There are many ways to help *Life*Time achieve its mission of working together to provide services that help people maintain their independence."

For online donations through PayPal, please visit:

http://www.lifetime-resources.org/ help.html

For volunteer opportunities, please visit http://www.lifetime-resources.org/ help.html

For all other information, please visit http://www.lifetime-resources.org/ index.html

Or call 812-432-6200 or 877-234-3641

Service Data-All Programs

# of Clients Served by County		
Dearborn	2,636	
Decatur (CAR only)	168	
Jefferson	1,967	
Jennings (CAR only)	58	
Ohio	309	
Ripley	1,423	
Switzerland	500	
Other	368	
Total	7,429	

Total Units of Service by Program Catch-A-Ride 88,865 One-Way Trips Case Management 42,195 1/4 Hour **Sentry Services** 15.844 1/4 Hour **Health & Wellness** 1.412 1 Class/Assessment ADRC 5,204 Call or Contact In-Home Service 94,542 1/4 Hour Legal Aid 83 1 Hour Meals Served Meals on Wheels 21,758 Congregate/SNAC 18,574 Meals Served PAS** 1 Level 1 Screen 10,776 Ombudsman 1 Hour 581 Options Counseling 18,867 1/4 Hour

**Nursing Facility Pre-Admission Screening

Aging Services Financials

Revenues Federal & State Customer Donations Local Gov't Support Other Support Total	\$1,907,858.40 \$111,863.18 \$323,338.72 \$48,386.24 \$2,391,446.54
Expenses	
Expenses Administration Outreach Case Management Options Counseling Ombudsman In-Home Services ADRC SNAC MOW Sentry Services	\$227,484.43 \$38,177.09 \$386,327.37 \$228,293.72 \$17,430.00 \$421,000.34 \$198,616.79 \$219,135.19 \$134,568.83 \$141,861.43
Legal Aid	\$6,479.42
Health & Wellness	\$11,214.85
Aging in Place	\$55,188.91
Total	\$2,085,778.37
Net Income*	\$305,668.17

Catch-A-Ride Financials		
Revenue Federal & State Donations & Fares Local Government Support Other Support Total Revenue	\$1,601,824.65 \$214,266.66 \$72,351.80 \$107,797.45 \$1,996,240.56	
Expenses		
Wages & Fringe	\$1,250,789.58	
Vehicle Operations	\$458,964.05	
Vehicle Insurance	\$113,077.16	
Van Purchases	\$86,660.00	
Other Purchases	\$93,389.72	
Total Expenses	\$2,002,880.51	

\$(6,639.95)

*Positive net income will be used to establish reserves to replace vehicles and equipment and to offset federal and state funding reductions allowing time to generate new revenue streams.

Net Income

Donors July 2013-June 2014

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